

EXIOMEGA 6

With Evening Primrose

Food supplement made of Evening Primrose, obtained from first cold pressing, rich in Omega 6 essential fatty acids. Necessary for the effective regulation of the metabolism and of the neuroendocrine activity.

USES AND QUALITIES

- It helps in the prevention and treatment of the premenstrual syndrome, dysmenorrhoeic disorders, metabolic and functional alterations of the climacteric or menopause, endometriosis, etc.
- It helps with the treatment of fibrocystic breasts or benign breast disease.
- It helps in cardiovascular disorders that go with high blood pressure and high levels of cholesterol or serum triglycerides.
- It helps with the prevention of haemorrhages and thrombosis at the brain and cardiac level.
- It helps with the dermatologic processes of allergic origin, atopic eczema, acne, psoriasis, alopecia, brittle nails, dandruff, etc.
- It helps in allergic states, seasonal allergies, bronchial asthma, hay fever, etc.
- It helps in inflammatory processes such as rheumatoid arthritis, osteoarthritis, tendonitis, gout, etc.
- It helps with the treatment of obesity, diabetes and other metabolic diseases.

MODE OF USE

From 1 to 6 capsules a day preferably with food in the stomach.

NUTRITIONAL INFORMATION

NUTRITIONAL VALUE		
EVENING PRIMROSE 1st COLD PRESSING OENOTHERA BIENNIS L. 10% GLA (OMEGA6)		
CAPSULE	MG	GAMMA-LINOLEIC ACID CONTRIBUTION
1	500 mg	50 mg
2	1000 mg	100 mg
3	1500 mg	150 mg
4	2000 mg	200 mg
5	2500 mg	250 mg
6	3000 mg	300 mg

NUTRITIONAL INFORMATION		
VITAMIN E		
CAPSULE	MG	*NRV%
1	10 mg	83,3%
2	20 mg	167%
3	30 mg	150%
4	40 mg	333%
5	50 mg	416%
6	60 mg	500%



Package with 180 capsules (ref.2086)

FORMULA

(Ingredients per capsule)

500 mg 1st cold pressing
Evening Primrose, natural
Vitamin E (D-alpha tocopherol)
10 mg (100% VRN Vitamin E).

Fatty Acid Profile:

GLA (gamma-linoleic acid) 10%,
palmitic acid 5,98%, stearic acid
1,91%, oleic acid 7,07%, linoleic
acid 73,98%, other <1.

DID YOU KNOW THAT...?

The optimum amount of intake between Omega-6 and Omega-3 would be 1:1 and 4:1 but due to fast food and precooked food, rich in low quality vegetable oils it's normally between 20:1 or 25:1 something that is totally disproportionate and it endangers the health. So it is advisable to take 2 or 3 capsules of Omega 3 for each one of Omega 6, to avoid that disproportion.